

NZ Dolphin Underwater & Adventure Club

Newsletter August 2022

Club Meeting 7:00pm Wednesday 10th August 2022

Speakers - Margaret & Chris – Barrier Reef Queensland Trip

www.dolphinunderwater.co.nz



Club's Mail Address
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Club Contacts Inside
Website As Above

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Life & Honorary Members

Barry Barnes – Life	Peter & Margaret Howard – Life	Brian Horton – Life
Reg Lawson - Life	Roberto Tonei – Life	Dave Quinlan – Life
Graham Thumah – Honorary	Tony & Jenny Enderby - Honorary	Eileen Slark – Honorary

Cover Page Photo:– Scorpion Fish hanging about in Tonga by Denis

10th August - Wednesday - 7.00pm - Margaret Howard & Chris Nipper, Queensland Barrier Reef Trip

14th September – Wednesday- 7.00pm Normal Club Meeting, DVD – 100 Years under the Sea

Dive trips, NZ & Overseas – Check out the dive shop's web sites, there is plenty available, but you do need to contact the shops in person to confirm costs & booking availabilities.

Performance Dive NZ - Ph. 489 7782. or

<https://www.performancediver.co.nz/Dive+Trips++Events/All+Upcoming+Dive+Trips.html>

Global Dive - Ph. 920 5200. or <https://www.globaldive.net/page/trips>

Aucklandscubadive – Ph. 478 2814 or <https://www.aucklandscubadive.co.nz/dive-trips>

Other events & suggestions please contact a committee member or organise it yourself & get the club to make up your numbers. i.e. – Dives, trips NZ & O'Seas, Events, Outings, Tramps, Dinners, Movies, etc.

Our Club's Trip Rules (Organiser's rules apply for overseas trips)

- A. Bookings allowed on all trips. *Two trips & club membership is a must.*
- B. **A deposit or full payment to be made at time of booking.**
- C. Full payment MUST be paid at least two weeks before departure date.
- D. Trip Organiser to handle trip & bookings, & Treasurer to handle finances. Cancellations due to weather will be refunded in full, or transferred to another trip.
- E. Members cancelling for any reason will lose full monies unless they find a replacement for their position on the trip.
- F. The trips Organiser will determine if there are enough people to run a trip & if not will notify cancellation two weeks prior to departure. **Non - financial members will be charged an extra \$10 on trips.**

NB: All Memberships Now Due: Single – \$40 Family - \$50.00

For the club to continue we need paid up members see Margaret or Trish next meeting or do it online.

**Club's Internet bank account is 06 0122 0074227 00 & don't forget to put in your name
Club Membership also includes Affiliation to the New Zealand Underwater Association**

How Becoming a Diver Will Change You

[Guest Blogger](#) 8 December, 2021 Updated by [Caitlin McCall](#) on November 28, 2021 & Thanks to PADI

Becoming a diver is a big step towards uncovering a whole new world and living unfiltered. Before long, you'll be making magical discoveries of your own. Being able to breath underwater will allow you to explore the ocean and its inhabitants in a completely different way. Becoming a diver will change you to the core.

After becoming a diver, with every dive made, you'll start to notice some changes on your way of living and traveling – positive changes we promise!



You'll care even more about nature and the environment

If you already cared about the environment, wait until you become a diver. As soon as you start diving, you'll realize how much the marine life relies on our protection and how much we need to [save the ocean](#). [Respecting and protecting](#) not only the ocean but also the entire environment around you will become something very important to your daily life.

You'll be more conscious of creating healthy habits

Eating croissants for breakfast, forgetting to drink water during the day and drinking too much alcohol will need to change; at least when you are on a diving trip. A diver needs energy and to be hydrated to stay fit for diving, which might even help the diver avoid [decompression sickness](#) in some cases.



You'll feel healthier mentally and physically



Scuba diving is a wonderful sport for mind and body. Not only does it help you build muscle and stamina, it can also lead to a reduction in stress, anxiety and depression. Scientific studies confirm that time in the water helps our brains relax and releases happy hormones. Scuba diving really is [good for you](#).

You'll crave disconnection from the topside world

When you're underwater, no one can reach you. There's no Facebook Messenger, no text messages, no emails and no [TikTok](#) to contend with. It's just you, your bubbles, your buddies and the natural world. The next time you're in the office or the classroom, you'll start to think about when you can escape underwater again.

You'll check the world map for diving destinations more often

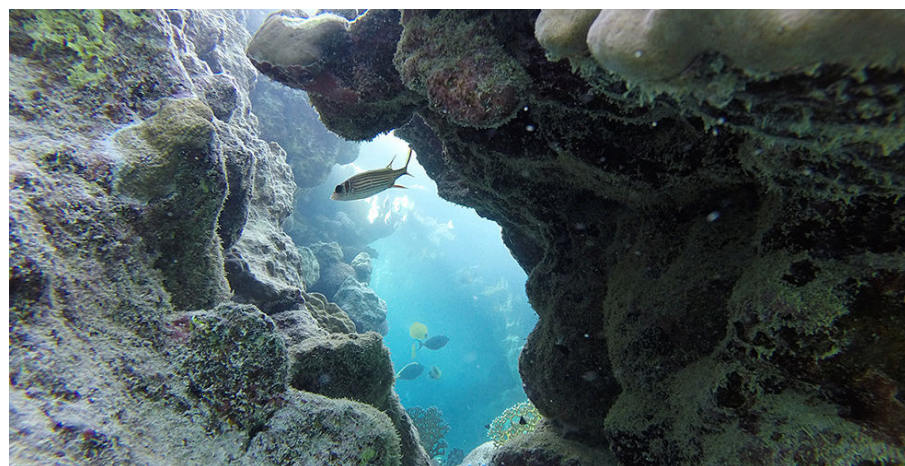
Soon enough, you'll realize that the world is a playground for divers. There are many amazing places in every corner of the planet offering [dive sites](#) you have never thought of. Believe us, when you're hooked on diving, you will want to dive all of them.

After becoming a diver, you'll want to include diving in every trip

If there is ocean near [your next destination](#), you will start researching if it is possible to dive there. If not, you will be disappointed and will start wondering if it isn't better to change to a different destination.

You'll become a braver person

Every diver will face a difficult moment underwater at some point, and that's when he or she becomes stronger and braver. After solving a problem underwater, any problem on the surface will seem easier to overcome.



You'll learn to pack light

As soon as you have your own equipment, you'll feel forced to pack light in order to avoid extra baggage fees. In no time, you'll be [packing](#) like a pro and will be more selective with what you really need to take. Diving equipment is your priority now.

You'll discover a new knowledge of marine species

One of the most exciting parts of diving is spotting new and interesting marine life. Mantis shrimp, bull sharks, leafy sea dragons, nudibranchs and so many more creatures await you in the depths. In the process of learning to dive and then diving all around the world, you'll learn more than you ever thought about marine life, and you'll be able to impress your non-diving friends with your newfound knowledge.



You'll make new friends for life

The best way to make new friends is to have common interests. The good thing about scuba diving is that you're constantly coming into contact with other people who love scuba. On dive boats, during your Open Water Diver certification course or at the next local dive club meeting, you'll meet new dive buddies, who will inevitably become friends for life. ([That's how I met Trish, Dive Buddy & Wife, Ed.](#))

You'll realize that you will never see the entire planet in one lifetime

When you begin to explore the underwater world, you will realize how immense it is, and how a lifetime is not enough to see it all. Even if you visit all the existing countries, you still won't have seen half of the planet, because 70% of Earth is water. A diver is lucky to be able to explore just a few percentages beyond 30%.



You'll feel how short life is but also feel like you're really living

Either on the surface or underwater, life is short. You never know when something will happen. After becoming a diver, you'll appreciate being alive just to be able to see how amazing the underwater world is. You'll enjoy every moment of your trips underwater.

I enjoyed this one & thought I'd share it with you all, Ed

One morning a husband returns to the cabin after several hours of fishing and decides to take a nap . Although not familiar with the lake, the wife decides to take the boat out, since it is such a beautiful day. She motors out a short distance, anchors, and reads her book. Along comes a Game Warden in his boat. He pulls up alongside the woman and says, " Good morning, Ma'am, what are you doing?" "Reading a book," she replies , (thinking, "Isn't that obvious?") "You're in a Restricted Fishing Area," he informs her. "I'm sorry, officer, but I'm not fishing, I'm reading." "Yes, but you have all the equipment. I'll have to write you up a ticket. " "For reading a book," she replies. "You're in a Restricted Fishing Area ," he informs her again . " "But officer, I'm not fishing, I'm reading." " Yes, but you have all the equipment. For all I know you could start at any moment. I'll have to write you up a ticket and you'll have to pay a fine." " If you do that, I'll have to charge you with sexual assault," says the woman." "But I haven't even touched you," says the Game Warden . "That's true, but you have all the equipment. For all I know you could start at any moment." "Have a nice day ma'am," and he immediately departed.

MORAL:

Never argue with a woman who reads. It's likely she can also think.

The MAF regulations vary in particular when it comes to your catch size/limits & locations.

Practice being safe & staying safe for you & your buddies & we will see you all at the club meeting

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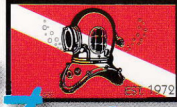
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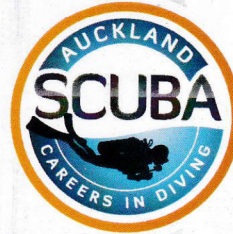
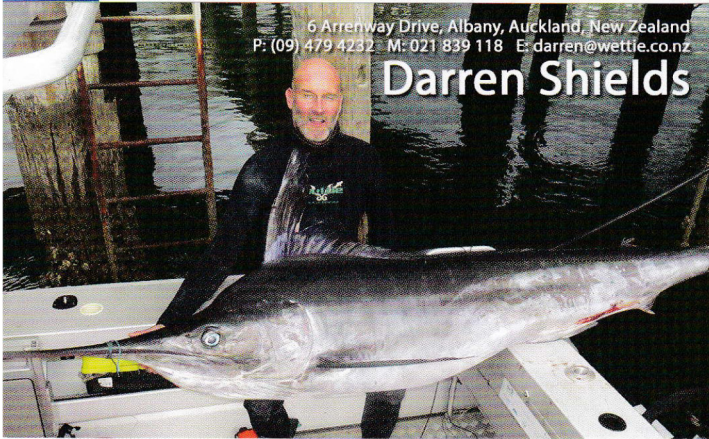
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